

LEITRIM INCLUSION WEEK 2023



MONDAY 23RD TO FRIDAY 27TH OCTOBER

*Events taking place across county
Leitrim to promote Social Inclusion and
Diversity in County Leitrim*

ALL EVENTS ARE FREE AND OPEN TO ALL

LEITRIM INCLUSION WEEK 2023



Monday 23rd October



INTERCULTURAL COMPETENCY AND ANTI-RACISM WORKSHOP

10am-12pm Online

Leitrim International Community Group and delivered by the Immigrant Council of Ireland

This workshop aims to help people recognise practices or unconscious biases that may hinder inclusivity for migrants. Training sessions are a safe space in which participants can explore concepts of culture and identity and preconceptions without fear of being judged for saying the wrong thing. Contact Bernie@dco.ie to register

Tuesday 24th October



THEATRE OF THE OPPRESSED WITH DISABLED PEOPLE

10am - 12pm The Glens Centre, Manorhamilton

Facilitated by Peter Kearns (Independent Living Movement Ireland) and members of Leitrim DPO Advocacy Drama Group

Using drama to explore the lived experience of disabled people and barriers to living an ordinary life. Open to all, especially disabled adults. For more details contact peterkearns@ilmi.ie Leitrim DPO actors are also working towards a Forum Theatre public performance at the Glens Centre Manorhamilton (free admission) on Weds 22nd November from 1pm -2pm

Wednesday 25th October



OURVOICE FM

11am - 1pm Online at Ourvoicefm.com

Breffni Family Resource Centre

Our Voice FM is a community radio station made up of talented individuals who work hard to bring you great music, good news stories, special events and more. They will be broadcasting live from Breffni FRC during Leitrim Inclusion week to talk to some of the community of Breffni and Carrick on Shannon, including members of our Saol Nua group. The purpose of this event is to hear lots of different voices in a fun, inclusive and interactive way. You can tune in on the day at www.ourvoicefm.com

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Thursday 26th October



TRAVELLER PROGRAMME OPEN-DAY

9:30 am - 11:30 am, Shannonside Community Centre

Leitrim Development Company Travellers Programme

Shannonside Community Centre will host an open day to showcase the programmes and initiatives run as part of the Travellers Programme in Leitrim Development Company. All welcome



COMMUNITY INFORMATION DAY

11am -2pm The Landmark Hotel, Carrick-on-Shannon

Leitrim County Council



Leitrim County Council, as part of their delivery of the Healthy Leitrim Programme and in conjunction with An Garda Síochána Community Engagement & Crime Prevention Units are working together with Leitrim PPN, and Leitrim Development Company to host a Community Information Event.



This is a FREE Community Event and a wonderful opportunity for the public to come and learn about the resources and supports available in Leitrim. The event will provide you with a chance to meet and talk to representatives from Leitrim County Council and An Garda Síochána, along with a vast selection of local health, educational, social and support organisations too.



Free Health Screening (blood pressure and blood glucose) will be available and light refreshments will be served. Plus, everyone will receive a goodie bag worth over €30!

The overall aim of the event is to connect people to their community and to enable people to take the steps needed to live well, safely, and independently in their own homes. The focus of this event is aimed at all members of the community over 55 years of age in particular, but everyone is welcome.

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Friday 27th October



INTERNATIONAL FOOD & CULTURE MORNING

10:30am-12:30pm, The Bee Park Resource Centre, Manorhamilton

WCI North Leitrim Women's Centre

Join WCI North Leitrim Women's Centre to celebrate Leitrim Social Inclusion Week with a morning celebrating culture, traditions and food. We'll have Irish, Indian, and Ukrainian foods to sample along with some cookery demos.

Saturday 21st October and every 3rd Saturday of each month



AUTISM FAMILY ACTIVITY DAY

2pm, The Canon Donohoe Hall, Mohill

Mohill Family Support Centre

New monthly group that runs on the third Saturday of every month. A safe space for people with autism and their families. Cost of €5 per family. For more information contact Keith on 086-6035977

The events taking place in Leitrim Inclusion Week are just a sample of the work community organisations and state bodies conduct all year round in County Leitrim. This work ensures people who experience exclusion can avail of opportunities and resources, have their voices heard, and get involved in their local communities

For more information on any of these events please visit www.bit.ly/leitriminclusion or contact cailin@ldco.ie



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Comhairle Choiristae Liatroma

